

## Cay Anderson-Hanley, PhD

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### EDUCATION

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<b>The University of California at Los Angeles</b> , Los Angeles, CA	Jun 96 - Oct 97
Postdoctoral Fellow, Geriatric Psychology and Neuropsychology	
<b>The University at Albany</b> , State University of New York, Albany, NY	Sep 91-Dec 95
Ph.D. Counseling Psychology ( <i>APA accredited; ranked 4<sup>th</sup> for research productivity</i> )	
<b>The University at Albany</b> , State University of New York, Albany, NY	Jun 90-Aug 91
M.S. Counseling Psychology	
C.A.S. Certificate of Advanced Study in School Counseling	
<b>Gordon College</b> , Wenham, MA	Sep 84- May 88
B.S. Major: Biology, Minor: Mathematics	

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### TEACHING

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*(some course materials can be viewed at [www.online.union.edu](http://www.online.union.edu) as "guest")*

#### **Courses Taught:**

*(italicized courses have been taught at Union College)*

<i>Abnormal Psychology</i>	Introduction to Psychology
<i>Psychotherapy</i>	Clinical Psychology
<i>Clinical Neuropsychology Seminar</i>	Health Psychology
<i>Psychological Assessment &amp; Testing</i>	Environmental Psychology
<i>Practicum in Human Relations I: Communication</i>	Applied Psychology
<i>Practicum in Human Relations II: Clinical Internship</i>	Research Methods (lab instructor)
<i>Psychology of Adulthood and Aging</i>	Regression Analysis (lab instructor)

#### **Teaching Positions:**

##### *Union College*

Assistant Professor, Department of Psychology, Schenectady, NY	Sep 06-present
Visiting Assistant Professor, Department of Psychology, Schenectady, NY	Sep 04-Jun 06

##### *Skidmore College*

Adjunct Professor, Department of Psychology, Saratoga Springs, NY	summer 03-04
Visiting Assistant Professor, Department of Psychology, Saratoga Springs, NY	Sep 00-May 03

##### *Siena College*

Adjunct Faculty, Department of Psychology, Loudonville, NY	Sep 98-May 00
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##### *The University at Albany*

Adjunct Faculty, Department of Counseling Psychology, Albany, NY	spring 99
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##### *Pepperdine University*

Adjunct Faculty, Department of Education and Psychology, Culver City, CA	May 97-Aug 97
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##### *Loyola Marymount University*

Part-time Faculty, Department of Psychology, Los Angeles, CA	Sep 95-Oct 97
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##### *The University at Albany*

Clinical Instructor - State University of New York, Albany, NY	Sep 93-Jun 94
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##### *The University at Albany*

Laboratory Instructor - Research Methods & Regression, State University of New York, Albany, NY	Sep 92- May 93
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##### *Gordon College*

Teaching Assistant – Differential Equations I & I, Wenham, MA	1987-1988
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## SCHOLARLY WORK

## (Peer reviewed publications)

(abbreviated year in parentheses following co-author name indicates student and year of graduation)  
(superscript <sup>U</sup> indicates Union College student and <sup>S</sup> indicates Skidmore College student)

- Anderson-Hanley, C.**, Arciero, P.J., Brickman, A., Nimon, J. ('07)<sup>U</sup>, Okuma, N. ('10)<sup>S</sup>, Westen, S. ('09)<sup>U</sup>, Merz, M. ('10)<sup>U</sup>, Pence, B. D., Woods, J. A., Kramer, A. F., & Zimmerman, E. (in press – anticipated 2012, Feb). Exergaming Improves Older Adult Cognition: A Cluster Randomized Clinical Trial. *American Journal of Preventive Medicine*, 42(2), xx-xx. (5-yr jif = 5.01; 1-yr jif=4.24; rank: Medicine - general 5-yr: 13/132; 1-yr: 16/132; JCR/TR 2009)
- Anderson-Hanley, C.**, Miele, A.S., & Dunnam, M. (in press). The Fuld Object-Memory Evaluation: Development and validation of an alternate form. *Applied Neuropsychology*. (jif = 1.76; TR 2010)
- Snyder, A. ('11)<sup>U</sup>, **Anderson-Hanley, C.**, & Arciero, P.J. (in press). Virtual and live social facilitation while exergaming: Competitiveness moderates effort. *Journal of Sport and Exercise Psychology*. (jif=2.95)
- Yerokhin, V. ('11)<sup>U</sup>, **Anderson-Hanley, C.**, Hogan, M.J., Dunnam, M., Huber, D., Osborne, S. & Shulan, M. (in press). Neuropsychological and neurophysiological effects of strengthening exercise for early dementia: A pilot study. *Aging, Neuropsychology, and Cognition*. (jif = 1.24; TR 2010)
- Anderson-Hanley, C.**, Snyder, A. ('11)<sup>U</sup>, Nimon, J ('07)<sup>U</sup>, & Arciero, P. (2011, Oct). Social Facilitation in Virtual Reality-Enhanced Exercise: Competitiveness Moderates Exercise Effort of Older Adults. *Clinical Interventions in Aging*, 6, 275-280. (jif=2.1)
- Anderson-Hanley, C.**, Tureck, K. ('10)<sup>U</sup>, & Schneiderman, R., ('09)<sup>U</sup>. (2011, Sep). Autism and exergaming: Effects on repetitive behaviors and cognition. *Psychology Research & Behavior Management*. (jif = pending)
- Anderson-Hanley, C.**, Nimon, J. P. ('07)<sup>U</sup>, & Westen, S. C. ('09)<sup>U</sup> (2010, Nov). Cognitive health benefits of strengthening exercise for community-dwelling older adults. *Journal of Clinical and Experimental Neuropsychology*, 32(9), 996-1001. (jif = 2.18)
- Compas, B., Beckjord, E., Agocha, B., Sherman, M. L., Langrock, A., Grossman, C. I., Dausch, B., Glinder, J., Kaiser, C., **Anderson-Hanley, C.**, & Luecken, L. (2006). Measurement of Coping and Stress Responses in Women with Breast Cancer. *Psycho-Oncology*, 15(12), 1038-1054. (jif=2.59, ISI-SCI, 2007)
- Smith, S. ('02)<sup>S</sup>, **Anderson-Hanley, C.**, Langrock, A., & Compas, C. (2005). The effects of journaling for women with breast cancer. *Psycho-Oncology*, 14, 1075-1082. (jif=2.59, ISI-SCI, 2007)
- Dausch, B., Compas, B., Beckjord, E., Luecken, L., **Anderson-Hanley, C.**, Sherman, M., & Grossman, C. (2004). Rates and correlates of DSM-IV diagnoses in women newly diagnosed with breast cancer. *Journal of Clinical Psychology in Medical Settings*, 11(3), 159-169. (jif=.77, ISI-SCI, 2007)
- Anderson-Hanley, C.**, Meshberg, S. ('02)<sup>S</sup>, & Marsh, M. ('02)<sup>S</sup>. (2003). The effects of a control-enhancing intervention for nursing home residents: Cognition and locus of control as moderators. *Palliative and Supportive Care*, 1(2), 11-20. (jif = 1.4, TR 2yr-cite estimate – official pending)
- Anderson-Hanley, C.**, Sherman, M., Riggs, R., Agoche, B., & Compas, B. (2003). Neuropsychological effects of treatments for adults with cancer: A meta-analysis and review of the literature. *The Journal of the International Neuropsychological Society*, 9(7), 967-982. (jif=2.40, ISI-SCI, 2007; "Psychology": rank 22/61).  
\* **Highly Cited: 124 times (Google Scholar).**
- Anderson-Hanley, C.** (1999). Experiential activities for teaching psychology of aging. *Educational Gerontology*, 25(5), 449-456. (jif=.425, ISI\_SCI, 2005; "Education & Educational Research": rank 52/98)
- Cook, I. A., Leuchter, A. F., Witte, E., Abrams, M., Uijtdehaage, S., Stubbeman, W., Rosenberg-Thompson, S., **Anderson-Hanley, C.**, & Dunkin, J. (1999). Neurophysiologic predictors of treatment response to fluoxetine in major depression. *Psychiatry Research*, 85(3), 263-273. (jif=2.298, ISI-SCI, 2007)
- Dunkin, J. & **Anderson-Hanley, C.** (1998). Dementia caregiver burden: A review of the literature and guidelines for assessment and intervention. *Neurology*, 51(1, Suppl 1), S53-S60. (jif=6.014, ISI-SCI, 2007).  
\* **Highly Cited: 344 times (Google Scholar).**
- Anderson-Hanley, C.** (1997). Adventure programming and spirituality: Integration models, methods and research. *Journal of Experiential Education*, 20(2), 102-108. (peer reviewed, not rated by ISI-SCI, abstracted in ERIC, "Outdoor Education": rank 1/25)
- Leuchter, A. F., Cook, I. A., Uijtdehaage, S., Dunkin, J., Lufkin, R. B., **Anderson-Hanley, C.**, Abrams, M., Rosenberg-Thompson, S., O'Hara, R., Simon, S. L., Osato, S., & Babaie, A. (1997). Brain structure and function and the outcomes of treatment for depression. *Journal of Clinical Psychiatry*, 58(Suppl 16), 22-31. (jif=5.06, ISI-SCI, 2007)

**(Non-peer reviewed publications)**

- Anderson-Hanley, C.** & Arciero, A. (2010, Oct). Seniors cybercycling for enhanced cognitive performance. *CyberTherapy & Rehabilitation*, 3(2), 29-30. (no impact factor yet available).
- Anderson-Hanley, C.,** & McCullough, M. E. (2000). A review of: The Belief in Divine Intervention Scale (Degelman & Lynn, 1995). In P. C. Hill, R. E. Butman, & R. W. Hood, Jr. (Eds.), *Measures of Religiosity*. Birmingham, AL: Religious Education Press.
- Longobardi, P. G., Cummings, J. & **Anderson-Hanley, C.** (2000). Multicultural perspectives on the neuropsychological and neuropsychiatric assessment and treatment of the elderly. In E. Fletcher-Janzen, Strickland, T. L., & C. Reynolds (Eds.), *Handbook of Cultural Neuropsychology*. Plenum.

**(Under Review – Invited Revise & Resubmit)**

- Anderson-Hanley, C.,** Arciero, P., Westen, S. ('09)<sup>U</sup>, Nimon, J. ('07)<sup>U</sup> & Zimmerman, E. (invited revise & resubmit). Exercise for older adults with diabetes: Neuropsychological benefits. *Journal of Diabetes Science and Technology*. (no jif yet available)

**(Under Review - New)**

- Anderson-Hanley, C.** (under review). *Psychological Testing Casebook*. Wiley Publishers.
- *Testing casebook proposed to accompany main text for Psychological Testing & Assessment course.*
  - *Will contain 17 testing cases from the author and experts in respective subfields of psychology, including: clinical, educational, health, I/O, neuropsychology, and forensic psychology among others.*

**(In Preparation)**

- Anderson-Hanley, C.,** Arciero, P., Mullen, S., Nimon, J. ('07)<sup>U</sup>, Rocha, T., & Kramer, A. (in progress). Psychological factors affecting exergaming participation among older adults. *Health Psychology*. (jif =3.98)
- Anderson-Hanley, C.,** Scribner, A. ('12)<sup>U</sup>, & Arciero, P. (in progress). Mood benefits of exercise and diet interventions. *Journal of Sport and Exercise Psychology*. (jif=2.95)
- Anderson-Hanley, C.,** Scribner, A. ('12)<sup>U</sup>, Leonard, K. ('10)<sup>U</sup>, & Gould, S. (in progress). Coping Together: Group therapy in the nursing home. *Aging & Mental Health*.
- Anderson-Hanley, C.,** Ellis, M., & Harkema, L. (to resubmit elsewhere). Facilitating identity development: The effects of two adventure programs. (Note: this had been accepted for publication in *Adolescence* (jif=.693, ISI-SCI, 2005), but per the editor (personal communication summer 2011; William Kroll), the journal was discontinued prior to publication).
- Albert, K. ('10)<sup>U</sup> & **Anderson-Hanley, C.** (in progress). Skiing into later life: The role of flow. *Journal of Aging & Physical Activity*.

**(Panel Reviewed Published Abstracts)**

- Anderson-Hanley, C.,** Brickman, A. M., Wasserman, B. T., Provenzano, F. A., Romero, S. G., & Harmon, E. ('10)<sup>U</sup>. (in press 2012, Feb). *Neuroimaging effects of exercise: Pilot results from the Cybercycle Study*. [Abstract] International Neuropsychological Society, Montreal. *Journal of the International Neuropsychological Society*. (jif = 2.4)
- Anderson-Hanley, C.,** Miele, A., & Dunnam, M. (in press: 2011, Nov). Fuld Object-Memory Evaluation: Development of a new alternate form. National Academy of Neuropsychology. *Archives of Clinical Neuropsychology*. (jif = 2.50)
- Anderson-Hanley, C.** & Arciero, P. (2011, June). Seniors cybercycling for cognitive health. *Journal of Sport and Exercise Psychology*. 33, S21-22. North American Society for the Psychology of Sport and Physical Activity; Burlington, VT. (jif = 3.0, TR 2010)
- Manning, M. ('11)<sup>U</sup>, Hopkins, V. ('10)<sup>U</sup>, Prezioso, M., Arciero, P., & **Anderson-Hanley, C.** (2011, June). Cybercycling for cognitive health: Application in schizophrenia. *Journal of Sport and Exercise Psychology*. North American Society for the Psychology of Sport and Physical Activity; Burlington, VT. (jif = 3.0, TR 2010)
- Yerokhin, V. ('11)<sup>U</sup>, **Anderson-Hanley, C.,** Dunnam, M., Huber, D., Osborne, S. & Shulan, M. (2011, June). Neurophysiological and Neuropsychological Effects of Strengthening Exercise for Cognitive Impairment. American Academy of Clinical Neuropsychology; Washington, DC. *The Clinical Neuropsychologist*, 25(4), 516. (jif = 1.76, TR 2010)

- Anderson-Hanley, C., Arciero, P., Nimon, J. ('07)<sup>U</sup>, Yerokhin, V. ('11)<sup>U</sup>, Hopkins, V. ('10)<sup>U</sup> & DeMatteo, L. ('10)<sup>U</sup>. (2010, July). Neuropsychological effects of cybercycling for older adults: One-year follow-up. American Psychological Association (Division 40 - Clinical Neuropsychology); San Diego, CA. *The Clinical Neuropsychologist*, 24(5), 911. (jif = 1.76, TR 2010)
- Nimon, J. ('07)<sup>U</sup>, Rocha, T., Lakritz, E. ('12)<sup>U</sup>, Wantman, B. ('12)<sup>U</sup>, Vetrano, E. ('12)<sup>U</sup>, Arciero, P., & Anderson-Hanley, C. (2010, August). The CAT test and predicting health behavior in older adults: Results from the Cybercycle Study. International Congress of Behavioral Medicine, Washington, DC. *International Journal of Behavioral Medicine*, 17(1): 162.
- Rocha, T., Nimon, J. ('07)<sup>U</sup>, Snyder, A. ('11)<sup>U</sup>, Gartenberg, A. ('11)<sup>U</sup>, Seiler, A. ('11)<sup>U</sup>, Arciero, P., & Anderson-Hanley, C. (2010, August). The Theory of Planned Behavior and Videogame-Enhanced Exercise for Older Adults: Results from Year 2 of the Cybercycle Study. International Congress of Behavioral Medicine, Washington, DC. *International Journal of Behavioral Medicine*, 17(1): 163.
- Snyder, A. ('11)<sup>U</sup>, Gartenberg, A. ('11)<sup>U</sup>, Yerokhin, V. ('11)<sup>U</sup>, Griffiths, C. ('12)<sup>U</sup>, Kommareddy, D., Pfitzer, S., Rocha, T., Nimon, J. ('12)<sup>U</sup>, Arciero, P., & Anderson-Hanley, C. (2010, August). Social Facilitation and Competitiveness: Impact on Exercise Effort of Older Adults in the Cybercycle Study. International Congress of Behavioral Medicine, Washington, DC. *International Journal of Behavioral Medicine*, 17(1): 161.
- Yerokhin, V. ('10)<sup>U</sup>, Dunnam, M., Anderson-Hanley, C., Osborne, S., & Shulan, M. (2010, August). *Electrophysiological and neuropsychological differences among age groups: A pilot study*. International Congress of Behavioral Medicine, Washington, DC. *International Journal of Behavioral Medicine*, 17(1): 162.
- Arciero, P., Anderson-Hanley, C., Nimon, J. ('07)<sup>U</sup>, Lin, S.F. ('11)<sup>S</sup>, Steward, N. ('11)<sup>S</sup>, & Buckley, C. ('10)<sup>S</sup> (2010, June). Changes in abdominal obesity, insulin and Leptin following cybercycling in older adults. American College of Sports Medicine; Baltimore, MD. *Medicine and Science in Sport and Exercise*, 42(5): 657. (jif = 4.11)
- Anderson-Hanley, C., Arciero, P., Nimon, J. ('07)<sup>U</sup>, Westen, S. ('09)<sup>U</sup>, DeMatteo, L. ('10)<sup>U</sup>, & Okuma, N. ('10)<sup>S</sup>. (2009, April). Neuropsychological effects of videogame-enhanced exercise for older adults: Results from the Cybercycle Study. Society of Behavioral Medicine; Montreal. *Annals of Behavioral Medicine*, 37:s224. (jif = 3.98 TR 2010)
- Arciero, P., Anderson-Hanley, C., Nimon, J. ('07)<sup>U</sup>, Westen, S. ('09)<sup>U</sup>, DeMatteo, L. ('10)<sup>U</sup>, Okuma, N. ('10)<sup>S</sup>, & Klein, R. ('09)<sup>S</sup>. (2009, April). Physiological Effects of Videogame-enhanced Exercise for Older Adults: Results from the Cybercycle Study. Society of Behavioral Medicine; Montreal. *Annals of Behavioral Medicine*, 37:s220. (jif = 3.98 TR 2010)
- Nimon, J. ('07)<sup>U</sup>, Anderson-Hanley, C., Arciero, P., Westen, S. ('09)<sup>U</sup>, DeMatteo, L. ('10)<sup>U</sup>, & Okuma, N. ('10)<sup>S</sup>. (2009, April). The Theory of Planned Behavior and videogame-enhanced exercise for older adults: Results from the Cybercycle Study. Society of Behavioral Medicine; Montreal. *Annals of Behavioral Medicine*, 37:s225. (jif = 3.98 TR 2010)
- Westen, S. ('09)<sup>U</sup>, Anderson-Hanley, C., Arciero, P., & Nimon, J. ('07)<sup>U</sup>. (2009, April). Mediating effects of BDNF and IGF-1 on cognitive outcomes from videogame-enhanced exercise for older adults: Results from the Cybercycle Study. Society of Behavioral Medicine; Montreal. *Annals of Behavioral Medicine*, 37:s221. (jif = 3.98 TR 2010)
- Stone, A. ('08)<sup>U</sup>, Nimon, J. ('07)<sup>U</sup>, DeMatteo, L. ('10)<sup>U</sup>, & Anderson-Hanley, C. (2008, May). The neuropsychological effects of mental exercise. American Academy of Clinical Neuropsychology; Boston, MA. *The Clinical Neuropsychologist*, 22, 430. . (jif = 1.76, TR 2010)
- Westen, S. ('09)<sup>U</sup>, Anderson-Hanley, C., Nimon, J. ('07)<sup>U</sup>, Cohen, B., & Carini, A. ('08)<sup>U</sup>. (2008). Neuropsychological Effects of Exercise for Aging Women: Role of Steroid Hormone Biomarkers. Society of Behavioral Medicine. *Annals of Behavioral Medicine*. 35(S1), s128. (jif = 3.98 TR 2010)
- Anderson-Hanley, C., Sherman, M., Riggs, R., Agoche, B., & Compas, B. (2002, Feb & July). Possible cognitive effects of systemic treatment for cancer: A meta-analysis. International Neuropsychological Society; Toronto, CA and Stockholm, Sweden. *Journal of the International Neuropsychological Society*, 8(2), 254; and 8(4), 502. (jif=2.40, ISI-SCI, 2007)
- Anderson-Hanley, C., Langrock, A., Sherman, M., & Compas, B. (2002, April). Intrusive thoughts contribute to depression and anxiety in women with breast cancer. Society of Behavioral Medicine; Washington, DC. *Annals of Behavioral Medicine*. 24(S1), S163. (jif = 3.98 TR 2010)
- Riggs, R. L., Sherman, M. L., Muss, H., Anderson-Hanley, C., O'Brien, P. J., & Compas, B. E. (May, 2001). A Prospective Study of the Neuropsychological Effects of Systemic Treatments for Early Stage Breast Cancer. American Society for Clinical Oncology. *Proceedings of the American Society for Clinical Oncology*, 20(2), 29b. (no impact factor)
- Anderson-Hanley, C., Sponzo, R., Spencer-Cisek, P., & Berry, B. (1999). A feasibility study of the BSI as a psychosocial screening tool at a rural cancer center: Differences between inpatients and outpatients. Pan American Congress of Psychosocial and Behavioral Oncology; New York, NY. *Psycho-Oncology*, 8(6):S29. (jif=2.59, ISI-SCI, 2007)
- Anderson-Hanley, C., Dunkin, J., Cummings, J., Rosenberg-Thompson, S., Strickland, T., Miller, B. & Fitten, J. (1998). Dementia caregiver process and ethnicity: Structural equations models. Gerontological Society of America; Philadelphia, PA. *The Gerontologist*, 38(Special Issue 1), 320. (jif = 1.88; 2010)

- Anderson-Hanley, C., Dunkin, J., Cook, I. A., Leuchter, A. F., Abrams, M., & Kasl-Godly, J.** (1998, Feb). Frontal asymmetry of QEEG cordance in patients with executive function compromise. International Neuropsychological Society; Honolulu, HI. *Journal of the International Neuropsychological Society*, 4(1), 1-89. (jif=2.40, ISI-SCI, 2007)
- Dunkin, J., Cook, I., Leuchter, A. F., Kasl-Godly, J., Betz, B. & **Anderson-Hanley, C.** (1998, Feb). Differences in Neuropsychological function of depressed patients that respond to psychopharmacologic intervention. International Neuropsychological Society; Honolulu, HI. *Journal of the International Neuropsychological Society*, 4(1), 1-89. (jif=2.40, ISI-SCI, 2007)
- Anderson-Hanley, C., Dunkin, J., Cummings, J., Rosenberg-Thompson, S., Strickland, T., Miller, B., & Fitten, J.** (1997). Assessment of Dementia Caregiver Process Variables: The Factor Structure of the Caregiver Appraisal Measure. Gerontological Society of America; Cincinnati, OH. *The Gerontologist*, 37(Special Issue 1), 1-366. (jif = 1.88; 2010)
- Anderson-Hanley, C., Dunkin, J., Cummings, J., Rosenberg-Thompson, S., Strickland, T., Miller, B. & Fitten, J.** (1997). Ethnic variability in the dementia caregiver appraisal and depression. Gerontological Society of America; Cincinnati, OH. *The Gerontologist*, 37(Special Issue 1), 1-366. (jif = 1.88; 2010)
- Anderson-Hanley, C. & Wilkins, S.** (1997). Differential diagnosis of seizure and conversion disorders: A case study. National Academy of Neuropsychology. *Archives of Clinical Neuropsychology*, 13(1), 104-105. (jif = 2.16)
- Wilkins, S. & **Anderson-Hanley, C.** (1997). Multiple Sclerosis vs. conversion disorder: A case study. National Academy of Neuropsychology. *Archives of Clinical Neuropsychology*, 13(1), 122-123. (jif = 2.16)

#### (Unpublished conference posters and presentations)

- Berheide, C., Linden, R., & **Anderson-Hanley, C.** (Oct '11 under review for 2012). *Faculty Perceptions of Work/Life Policies and Intentions to Quit*. Eastern Sociological Society.
- Yerokhin, V. ('11)<sup>U</sup>, **Anderson-Hanley, C.**, Dunnam, M., Huber, D., Osborne, S. & Shulan, M. (2011, April). *Neurophysiological and Neuropsychological Effects of Strengthening Exercise for Cognitive Impairment*. Poster presented at the Annual Research Symposium at the Stratton Veterans Administration Medical Center, Albany, NY.
- Snyder, A. ('11)<sup>U</sup>, **Anderson-Hanley, C.**, Scribner, A. ('12)<sup>U</sup> & Arciero, P. (2011, March). *Virtual vs. Real Social Facilitation: Effects on Exercise Behavior*. Presentation at the annual meeting of the Society for Behavioral Medicine, Washington, DC.
- Anderson-Hanley, C., Arciero, P., Westen, S. ('09)<sup>U</sup>, Nimon, J. ('07)<sup>U</sup> & Zimmerman, E.** (2011, Feb). Neuropsychological effects of cybercycling and traditional exercise: Greater impact among older persons with diabetes. Presented at the annual meeting of the International Neuropsychological Society, Boston, MA.
- Berheide, C. W., **Anderson-Hanley, C.**, Sklaar, J.('11)<sup>S</sup>, Cooper, E. ('11)<sup>S</sup>, Harris, E. ('11)<sup>S</sup>, & Kelley, T. ('11)<sup>S</sup> (2011, Feb). *It's All about Relationships with Colleagues and Students: Predicting Job Satisfaction among Faculty at Liberal Arts Colleges*. Presented at the annual meeting of the Eastern Sociological Society, Philadelphia.
- Berheide, C.W., **Anderson-Hanley, C.**, Kelley, T. ('11)<sup>S</sup>, Sklaar, J.('11)<sup>S</sup>, Cooper, E. ('11)<sup>S</sup>, & Johnson, B. ('11)<sup>S</sup> (2010, Nov). *Work climate for women in STEM at liberal arts colleges*. Presented at the annual meeting of the NSF Advance Grant Awardees, Washington, DC.
- Anderson-Hanley, C., Arciero, P., Nimon, J. ('07)<sup>U</sup>, Rocha, T., Snyder, A., ('11)<sup>U</sup>, Yerokhin, V. ('11)<sup>U</sup>, DeMatteo, L. ('10)<sup>U</sup>, & Hopkins, V. ('10)<sup>U</sup>.** (2010, August). *Neuropsychological effects of cybercycling for older adults*. Presented at the Annual Meeting of the American Psychological Association (Division 38 – Health Psychology), San Diego, CA.
- Schneiderman, R. ('09)<sup>U</sup> & **Anderson-Hanley, C.** (2010, August). *Cybercycling for Children on the Autism Spectrum: Effects on Cognition and Behavior*. Presented at the Annual Meeting of the American Psychological Association (Division 40 – Clinical Neuropsychology), San Diego, CA.
- Tureck, K.('10)<sup>U</sup> & **Anderson-Hanley, C.** (2010, August). *Exergaming and autism: Effects on self-stimulatory behaviors and neuropsychological function*. Presented at the Annual Meeting of the International Neuropsychological Society, Mexico.
- Berheide, K., Kelly, T. ('10)<sup>S</sup>, **Anderson-Hanley, C.**, & Sklaar, J.('10)<sup>S</sup> (2010, March). *Beyond department climate: Women STEM faculty at liberal arts colleges*. Presented at the Annual Meeting of the Eastern Sociological Society, Boston, MA.
- Berheide, C.W., Sklaar, J. ('10)<sup>S</sup>, Cooper, E. ('10)<sup>S</sup>, Kelley, T. ('10)<sup>S</sup>, & **Anderson-Hanley, C.** (2010, Mar). *Outside of the Classroom: The Effects of College Service on Faculty Relationships*. Presented at the annual meeting of the Eastern Sociological Society, Boston, MA.
- Nimon, J. ('07)<sup>U</sup>, **Anderson-Hanley, C.**, & Westen, S. ('09)<sup>U</sup>. (2008). *Neuropsychological Effects of Low-Impact Exercise for Community-Dwelling Older Adults*. Presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

- Kazmerski, D. ('05)<sup>U</sup> & Anderson-Hanley, C. (2005). *The neuropsychological and mood effects of an osteoporosis exercise program for older adults*. Poster presentation at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- Anderson-Hanley, C., Martin-Pressman, R. ('03)<sup>S</sup>, Everett, M. ('02)<sup>S</sup>, Ormsbee, M., & Arciero, P. J. (2004). *Differential effects of exercise and diet on depression and anxiety: A randomized study*. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD, March 2004.
- Anderson-Hanley, C., Evert, D., Hurley, S. ('04)<sup>S</sup>, Page, K. ('03)<sup>S</sup>, Osmond, K. ('03)<sup>S</sup>, Oppenheim, J. ('02)<sup>S</sup>, Miller, P., & Sponzo, R. (2004). *Neuropsychological effects of hormonal treatments for breast and prostate cancer*. Poster presented at the Annual Meeting of the International Neuropsychological Society, Baltimore, MD, February 2004.
- Bank, J. ('03)<sup>S</sup>, Anderson-Hanley, C., Boyne, S. ('03)<sup>S</sup> & Luck, C. ('03)<sup>S</sup> (2003). *The effects of pet visitation for institutionalized older adults: Cognition and attachment style as possible moderators*. Poster presented at the annual joint meeting of the National Council on the Aging and the American Society on Aging, Chicago, IL.
- Meshberg, S. ('02)<sup>S</sup>, Marsh, M. ('02)<sup>S</sup>, & Anderson-Hanley, C. (2003). *Benefits of a choice-enhancing intervention for nursing home residents: Moderating effects of cognitive function and locus of control*. Poster presented at the annual meeting of the Society for Behavioral Medicine, Salt Lake, UT. (Best Scientific Poster award).
- Anderson-Hanley, C., Geraghty, N. ('01)<sup>S</sup>, Langrock, A., Sherman, M., & Compas, B. (2001). *Intrusive thoughts and avoidance in relationship to depression and anxiety in women with breast cancer*. Poster presented at the Annual Meeting of the Society for Behavioral Medicine; Seattle, WA, March 2001.
- Anderson-Hanley, C. (Oct. 2000). *Ethnicity and Dementia Caregiving*. Presented at the Annual Conference on Behavior, Clinical Neuroscience, Substance Abuse, and Culture; Los Angeles, CA.
- Anderson-Hanley, C., Florio, G., Molteni, A., Gordon, C., & Cook, M. (2000). *Effects of a Coping Skills Group for Chronic Pain Patients in a Rural Community*. Poster presented at the annual meeting for the Society for Behavioral Medicine.
- Leuchter AF, Cook IA, Rosenberg-Thompson S, Abrams M, Uijtdehaage SHJ, Anderson-Hanley C, Dunkin J. (1998, May). *Differential therapeutic responses in depression*. Presented at a symposium, "Predicting Outcomes of Antidepressant Treatment" at the American Psychiatric Association Annual Meeting, Toronto, Canada.
- Cook IA, Leuchter AF, Uijtdehaage SHJ, Abrams M, Anderson-Hanley C, Rosenberg-Thompson S, Dunkin J. (1998, May). *Neurophysiologic predictors of treatment response*. Presented at a symposium, "Predicting Outcomes of Antidepressant Treatment" at the American Psychiatric Association Annual Meeting, Toronto, Canada.
- Leuchter AF, Cook IA, Witte E, Abrams M, Anderson-Hanley C, Rosenberg-Thompson S, Uijtdehaage SHJ, Dunkin J. (1998, May). *Predictors of differential response to antidepressant medication*. Presented at the American Psychiatric Association Electrophysiology Association, Toronto, Canada.
- Leuchter, A. F., Cook, I. A., Uijtdehaage, S., Lufkin, R. B., Anderson-Hanley, C., Abrams, M., & Rosenberg-Thompson, S. (May, 1997). *Neurophysiologic prediction of antidepressant treatment response*. Poster presented at the NCDEU annual meeting in Boca Raton, FL.

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## GRANTS

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### (Awarded)

- |   |           |
|---|-----------|
| <i>Neuropsychology, Exercise and Aging: Developing Research Collaborations</i>  | June 2011 |
| NSF/Advance Grant for Women in STEM – "Travel Here or There"  | \$2,998   |
| Travel to collaborate with: Art Kramer at the Beckman Institute, Univ. IL, Urbana-Champaign                               |           |
| Travel to collaborate with: Adam Brickman at the Taub Institute, Columbia University                                      |           |
| Host collaborators at Union: Art Kramer and Adam Brickman per above   |           |
| <b>Anderson-Hanley, C. (PI)</b>   |           |
|   |           |
| <i>Exercising for Cognitive Health: Role of BDNF and VEGF in Neurophysiological Pathway Linking Exercise to Cognition</i> | June 2011 |
| Union College Faculty Research Fund   | \$3,000   |
| <b>Anderson-Hanley, C. (PI)</b>   |           |
|   |           |
| <i>Development of EEG/ERP Research Capability for Psychology and Neuroscience Faculty</i>                                 | Nov 2009  |
| Union College Faculty Research Fund   | \$2,765   |
| <b>Anderson-Hanley, C. (PI)</b>   |           |

<i>Neuroimaging and Neuropsychological Effects of Exercise in Older Adults: Outcomes from the Cybercycle Study</i> Union College Faculty Research Fund <b>Anderson-Hanley, C. (PI)</b>	Nov 2008 \$2,000
<i>Seniors CyberCycling: Effect of Interactive Gaming Principles on Exercise Behavior, Neuropsychological Function and Physiological Outcomes</i> Robert Wood Johnson Foundation Health Games Grant <b>Anderson-Hanley, C. (PI) &amp; Arciero, P. (co-PI)</b>	May 2008-2010 \$200,000
<i>SUN (Skidmore-Union Network): Supporting Women Faculty in STEM (Science, Technology, Engineering, &amp; Mathematics) at Liberal Arts Colleges</i> NSF Advance Grant (Increasing the Participation and Advancement of Women in Academic Science and Engineering Careers) Union College: Johnson, B., Danowski, B. Fox, K., Yaisawarng, S. & Anderson-Hanley, C. (Climate Survey Co-Chair) Skidmore College: Dean, A., Poston, M., Hodgins, H., D'Abate, C., Berheide, K. & Ravert-Richter, M.	July 2008-2011   \$216,108 \$283,889
<i>Exercise and Alzheimer's Disease: Brain Imaging and Neuropsychological Effects</i> Union College Faculty Research Fund <b>Anderson-Hanley, C. (PI)</b>	Nov 2007 \$3,000
<i>Clinical Psychology Internship Course Development</i> Practicum I: Human Relations Communication & Practicum II: Internship	fall 2007 \$1,512
<i>Support groups for patients participating in clinical research trials: Effects on compliance and quality of life</i> Lake Champlain Cancer Research Organization <b>Anderson-Hanley, C. (PI)</b>	Jan 2003 \$17,000
<i>Effects of a pet visitation intervention for institutionalized older adults: Cognition and attachment and possible moderators</i> Skidmore College Faculty/Student Collaborative Research Grant. <b>Anderson-Hanley, C. &amp; Bank, J. ('03)</b>	Summer 2002 \$6,650
<i>A pilot study investigating the possible neuropsychological effects of hormonal treatments in the prevention or amelioration of cancer</i> Skidmore College Faculty Development Grant <b>Anderson-Hanley, C. (PI)</b>	2001-2002 \$1,140

**(Recommended – pending final approval)**

<i>Neuropsychological and Neurophysiological Effects of Aging: Research &amp; Teaching</i> Fulbright Scholar Program (summer 2013) Host institution: National University of Ireland, Galway; Collaborator: Michael Hogan, PhD <i>November 2011: Recommended by the Council for International Exchange of Scholars after peer review; forwarded for final international and budget approval.</i>	Aug 2011
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**(Under review)**

<i>Cognitive Benefits of Physical, Mental, or Simultaneously Combined Exercise for Mild Cognitive Impairment: A Randomized Clinical Trial</i> National Institutes of Health/National Institute of Aging (Area Grant - NIH/NIA R15) <b>Anderson-Hanley (PI)</b> collaborators: Arciero, Brickman, Dunnam, Gillen, Hogan, Kramer, Woods, Zimmerman	June 2011  \$300,000
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**(Not accepted – may revise and resubmit)**

Acquisition of a g-tec high density EEG System for the Center for Neuroscience at Union College NSF Major Research Instrumentation Anderson-Hanley: <i>Characterizing Exercise-Induced Neuronal Plasticity with EEG</i> Romero, S., Chabris, C., & <b>Anderson-Hanley</b> , C.	Jan 2011   \$189,847
TBI and Exercise: Cognitive Effects and Biobehavioral Markers (LOI) Department of Defense – Cognitive Rehabilitation for TBI (Psychological Health & TBI Program) Dunnam, M. (PI), Frye, C., Malta, L., <b>Anderson-Hanley</b> , C. & Romero, S.	Aug 2010 \$2,000,000
<i>Exergaming for Youth: Impact on Health and Learning</i> Robert Wood Johnson Foundation Arciero, P. (PI) & <b>Anderson-Hanley</b> , C. (co-PI)	April 2009 \$300,000
<i>Exercise for Alzheimer's: Neuroimaging Effects</i> Alzheimer's Association <b>Anderson-Hanley</b> , C. (PI), Romero, S. (co-PI), & Arciero, P. (co-PI)	Jan 2008 \$240,000

**SUPERVISED UNDERGRADUATE THESES**

- Albert, K. ('11). (2011). *Later Life Skiers: The Role of Flow*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Dimitrova, J. ('11). (2011). *Dementia Caregivers and Cross-cultural Diversity: Attitudes in Eastern Europe vs. the West*. Undergraduate thesis. Department of Psychology, Union College.
- Manning, M. ('11). (2011). *The Neuropsychological Effects of Cybercycling for Schizophrenia*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Snyder, A. ('11). (2011). *Virtual Versus Live Social Facilitation: Moderating Effects on Exercise Effort*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Yerokhin, V ('11). (2011). *The Neuropsychological and Neurophysiological Effects of Strengthening Exercise for Early Dementia*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Merz, M. ('10). (2010). *The Effects of Brain-Derived Neurotrophic Factor (BDNF) and Insulin-Like Growth Factor 1 (IGF-1) on Exercise-Enhanced Cognition in Older Adults*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Hopkins, V. ('10). (2010). *Exergaming and Schizophrenia: The Neuropsychological Effects of Exercise*. Undergraduate thesis. Department of Psychology, Union College.
- Tureck, K. ('10). (2010). *Exergaming and Autism: Effects on Self-stimulatory Behaviors and Cognition*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- De Matteo, L. ('10). (2010). *Neuropsychological Effects of Exergaming on Cognition in Older Adults: Role of Physical and Mental Components*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Chudomel, L. ('09). (2009). *Neuropsychological Effects of Videogame-Enhanced Exercise for Older Adults: Impact of playing the Wii*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Mugnai, S. ('09). (2009). *Behavioral Effects of Equine-Assisted Therapy for Youth on the Autism Spectrum*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Scaplen, A. ('09). (2009). *Adventure Programming and College Student Development: Long-term Effects*. Undergraduate thesis. Department of Psychology, Union College.
- Schneiderman, S. ('09). (2009). *Neuropsychological and Behavioral Effects of a Single Bout of Videogame-Enhanced Exercise for Youth on the Autism Spectrum*. Undergraduate thesis. Department of Psychology, Union College.
- Westen, S. ('09). (2009). *Biomarker correlates of Neuropsychological Effects of Videogame-Enhanced Exercise for Older Adults: Role of Growth Factors*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.



- Zelinger, J. ('09). (2009). *Neuropsychological Effects of a Single Bout of Videogame-Enhanced Exercise for College Students: Separating the Effects of Physical and Mental Exercise*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Angueira, D. ('08). (2008). *Expressive Writing Moderates the Impact of an Adventure Program on College Student Character Development*. Undergraduate thesis. Department of Psychology, Union College.
- Deblasio, D. ('08). (2008). *Mental Health Parity Bill: Factors Affecting Support*. Undergraduate thesis. Departments of Psychology and Political Science, Union College.
- Foito, T. ('08). (2008). *Exercise Across the Lifespan: Testing the Theory of Planned Behavior*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Seidler, D. ('08). (2008). *Learning to Lucid Dream: Effects on College Student Mood and Health*. Undergraduate thesis. Department of Psychology, Union College.
- Stone, A. ('08). (2008). *Mental Exercise for Older Adults: Neuropsychological Effects*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Murphy, C. ('07). (2007). *College alcohol use: Self-monitoring and neuropsychological effects*. Undergraduate thesis. Department of Psychology, Union College.
- Nimon, J. ('07). (2007). *Exercise in later life: Neuropsychological and physiological effects*. Undergraduate thesis. Department of Psychology - Neuroscience program, Union College.
- Weiner, E. ('07). (2007). *College drug use: Impact of sibling use and neuropsychological effects*. Undergraduate thesis. Department of Psychology, Union College.
- Bory, C. ('06). (2006). *Expressive writing for dementia caregivers*. Undergraduate thesis. Department of Psychology, Union College.
- Kazmerski, D. ('05). (2005). *The neuropsychological effects of exercise for older adults*. Undergraduate thesis. Department of Psychology, Union College.

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#### SELECT PRESENTATIONS

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<i>Cybercycling for Cognitive Health in Later Life: Results of a Randomized Clinical Trial</i>	August 2011
The Beckman Institute, University of Illinois – Urbana-Champaign (invited by Dr. Art Kramer)	
<i>Exercise Interventions for Psychiatric Conditions: Do They Work?</i>	July 2011
Behavioral Health Rounds at Stratton Veterans Administration Medical Center, Albany, NY	
<i>Move it or Lose It: Can Exercise Prevent Against Cognitive Decline?</i>	July 2011
Grand Rounds at Sunnyview Rehabilitation Hospital	
<i>Move it or Lose It: Can Exercise Prevent Against Cognitive Decline?</i>	May 2011
President's Commission on Women at Union College	
<i>Research and Clinical Practice: Dementia vs. Mild Cognitive Impairment</i>	Nov 2010
Gould & Anderson-Hanley; Alzheimer's Association Caregiver Conference, Albany, NY	
<i>The Climate for STEM Women Faculty at Union and Skidmore Colleges</i>	Sept 2010
Presentation of NSF-Advance Grant's SUN Climate Survey Data	
Anderson-Hanley at Union College	
<i>Seniors Cybercycling for Cognitive Health: Preliminary Results</i>	July 2010
Neurosciences Research Institute, Alzheimer's Research Center, Albany Medical College	
<i>Geriatric Neuropsychology: Exercise for Healthy Aging</i>	June 2008
Invited Lecturer – Psychiatry Grand Rounds, Albany Medical College	
<i>Neuropsychology Profession and Careers</i>	Feb 2008
Invited Panelist – Psi Chi event at Sorum House	
<i>Exercise &amp; the Brain</i>	Nov 2007
Invited Presenter - Senior Health and Wellness Program of Schenectady, Catholic Charities	
<i>Neuropsychological Impact of Exercise in Later Life</i>	May 2007
Neurosciences Research Institute, Alzheimer's Research Center, Albany Medical College	
<i>Dementia: Psychological and Neuropsychological interventions for patients and caregivers</i>	2006
President's Commission on Women at Union College	
<i>Exercise, Cognition &amp; Aging: Research and Implications</i>	Oct 2006
Osteoporosis Prevention Training, Retired Senior Volunteer Program of the Capital District	
<i>Clinical Neuropsychology: Research &amp; Practice</i>	Mar 2005

Invited lecture - Professor Evert's Integrative Seminar in Neuroscience, Skidmore College

*Health psychology: Intrusive thoughts and avoidance in women with breast cancer*

May 2001

Keynote presentation at the 2<sup>nd</sup> Annual Undergraduate Psychology Research Conference, Siena College

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## CLINICAL & RESEARCH EXPERIENCE

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New York State Clinical Psychologist License #: 013031

### Clinical Psychologist in Private Practice

Jul 99 - present

*Adirondack Neuropsychological Associates, Saratoga Springs, NY*

Consultants to:

- Ellis Hospital Nursing Home
- Four Winds Psychiatric Hospital
- Saratoga Hospital Nursing Home
- Wesley Health Care
- therapist and physician practices
- schools and colleges

Practice partner: Mina Dunnam, Ph.D. (Stratton VAMC and Albany Medical College)

### Research Associate

Jun 03-06 & 08-present

Skidmore College, Saratoga Springs, NY

- collaborative research with Denise Evert (Neuroscience) and Paul Arciero (Exercise Science)

### Research Psychologist

Jun 00-06

*The Cancer Center at Glens Falls Hospital, Glens Falls, NY*

- developing and implementing independent and collaborative lines of research
- supervising internship program (students from Skidmore, Union, University at Albany)
- received grant funding for a pilot study of the possible neuropsychological effects of hormonal treatments for breast and prostate cancer

### Research Assistant Professor

Jan 98-Aug 02

*The University of Vermont, Department Psychology, Burlington, VT*

The Coping Together Support Group Study

Principal Investigator: Bruce Compas, Ph.D.

- 5-year randomized clinical trial funded by the National Cancer Institute investigating possible psychological and health effects of psychological interventions
- coordinated the implementation of this study at Glens Falls Hospital
- facilitated manualized cognitive-behavioral groups for women with breast cancer
- supervised doctoral student co-therapists
- participated in writing and presentation of findings at professional conferences

### Clinical Health Psychologist

Nov 97 – Jun 00

*Glens Falls Hospital, Glens Falls, NY*

The Cancer Center

- developed and implemented a comprehensive model of psycho-oncology
- selected and implemented screening measures
- conducted psychological and neuropsychological evaluations
- provided psychological treatment to inpatients and outpatients
- counseled individuals and families
- facilitated cognitive-behavioral groups
- participated in multidisciplinary teams and physician rounds
- served as a consultant to staff

- conducted a study of the utility of screening for mental health issues (results presented at the *Pan American Congress of Psychosocial & Behavioral Oncology*, 1999)

#### The Pain Management Program

- developed and implemented screening procedures
- conducted psychological assessments with inpatients and outpatients
- served as part of multidisciplinary treatment teams
- provided individual and family therapy
- provided supervision to practicum students
- developed and evaluated a cognitive-behavioral group intervention (results presented at the *Annual Meeting of the Society for Behavioral Medicine*, 2000)

#### Consultation/Liaison Behavioral Health Service

- responded to house-wide requests for inpatient psychological services (esp., pulmonary, cardiology, surgery, and general medical physician requests)
- coordinated services with psychiatry
- participated in ER on-call service

#### Adjunct Clinical Assistant Professor

Dec 98-Jun 99

*The University at Albany*, Dept. of Counseling Psychology, Albany, NY

- provided clinical supervision and training of a doctoral level practicum student through the health psychology and oncology services at Glens Falls Hospital

#### Research Analyst

Oct 96 –May 98

*Quantitative EEG Research Group*; The University of California at Los Angeles, CA

- conducted statistical analyses for grant funded studies comparing:
  - \* responders and non-responders in clinical drug trials
  - \* multi-infarct dementia, dementia of the Alzheimer's type and controls
  - \* depressed patients and normal controls
  - \* younger depressed patients vs. older depressed patients (see publications)
- presented results
- trained staff in the use of EXCEL and SPSS
- analyzed quantitative EEG data (using QND)
- participated in manuscript writing

#### Geriatric Psychology & Neuropsychology Postdoctoral Fellowship

Jun 96 -Oct 97

*The University of California at Los Angeles*, Los Angeles, CA

Full-time Fellowship (50% clinical and 50% research focus)

Training Director and Supervisor: Jennifer Dunkin, Ph.D.

Teaching Faculty included: Jeff Cummings, M.D., Lissy Jarvik, M.D., Gary Small, M.D., & Paul Satz, Ph.D.

#### *Harbor UCLA Hospital*

Jul 97 - Oct 97

- conducted neuropsychological evaluations
  - participated in lecture series and case conference seminars
- Supervisor: Kyle Boone, Ph.D., ABCN/ABPP  
Neurology faculty: Bruce Miller, M.D.

#### *West Los Angeles VA Geriatric Research, Education and Clinical Center*

Jan 97 - Jul 97

- provided services to geriatric medical inpatients and outpatients
  - conducted psychological and neuropsychological evaluations
  - provided individual and family therapy
  - participated in lecture series and rounds
- Supervisor: Stacy Wilkins, Ph.D., ABCN/ABPP

#### *Neuropsychiatric Clinic, UCLA*

Apr 97 - Jul 97

- provided psychological and neuropsychological evaluations

- served outpatients of all ages with various medical and psychological complaints
  - participated in a multidisciplinary treatment and evaluation team
- Supervisor: Stacy Wilkins, Ph.D., ABCN/ABPP

*Neuropsychiatric Institute and Hospital, UCLA*

Jun 96 - Jan 97

- conducted neuropsychological evaluations (inpatient, outpatient and day treatment)
  - provided on-going individual and couples therapy
  - participated in grand rounds, lecture series, case conferences and seminars
- Supervisor: Jeff Shaeffer, Ph.D.

*Caregiver Research:*

- served as the principle investigator for a multi-site dementia caregiver study
  - conducted factor analyses of a measure of caregiver burden and appraisal
  - examined the ethnic variability in caregiving burden and appraisal
  - audited a course on structural equations modeling using EQS (Peter Bentler, Ph.D.)
  - used structural equations modeling to describe the caregiving process
  - co-authored a review paper on caregivers of family members with Alzheimer's
- Primary research mentors: Jennifer Dunkin, Ph.D. and Jeff Cummings, M.D.

*QEEG Research Group:*

- collaborated in research on executive function, depression and frontal asymmetry
- Mentors: Andrew Leuchter, M.D., Ian Cook, M.D. and Jennifer Dunkin, Ph.D.

*Estrogen Replacement Therapy (ERT) Research:*

- participated in a journal club on estrogen replacement therapy
  - collected data examining ERT's effects on cognition and depression
  - developed a grant proposal to examine the effects of ERT on executive function
- Collaborators: Jennifer Dunkin, Ph.D., Kyle Boone, Ph.D., Stacy Wilkins, Ph.D.

*Geriatric Assessment and Treatment Unit (GATU) Research Group:*

- conducted statistical analyses for a study on the efficacy of the GATU
  - participated in manuscript writing
- Principle Investigator: Jaime Fitten, M.D.

**School Counselor Volunteer**

1996-1997

*Los Angeles City Schools, Los Angeles, CA*

- served as a part-time volunteer at an inner-city elementary school in Los Angeles
- conducted small group and individual sessions for emotionally distressed students
- facilitated a peer-to-peer conflict resolution program

**Clinical Psychology Pre-doctoral Intern (APA-accredited)**

Sep 94-Sep 95

*Fuller Psychological and Family Services, Pasadena, CA*

*The Center for Aging Resources*

- conducted evaluations on-site or in-home for individuals, couples, and families
- provided DSM-IV diagnosis, treatment, referral and consultation
- developed and facilitated a Caregivers' Therapy Group
- conducted neuropsychological evaluations and psychological assessments
- provided weekly clinical supervision for doctoral students in clinical psychology
- provided rotating on-call back-up coverage
- consulted at the Geriatric Assessment Clinic of Huntington Hospital

*Fuller Psychological and Family Services Center*

- provided psychological services to individuals, couples and families across the life span
- conducted psychological assessments & formulated DSM-IV diagnoses

- Dissertation: *Identity Development and Adventure Interventions*** Sep 93–Dec 95  
*The University at Albany, State University of New York, Albany, NY*
- conducted a study on the effects of two Outward Bound-type programs and a control
  - evaluated changes in the ego identity development of 360 late adolescents
  - presented results at the 1996 annual meeting of the California Psychological Association Committee: Michael V. Ellis, Ph.D., David Blustein, Ph.D. and David Chapman, Ph.D.
- Hospice Counselor** Sep 93-Jun 94  
*Stratton Veteran's Administration Medical Hospital, Albany, NY*
- counseled palliative care and advanced oncology patients and their family members
  - attended Grand Rounds and seminars
  - proposed, designed and facilitated a Loss and Life Transitions Group
- Research Assistant** Sep 91- Jun 94  
*The University at Albany, State University of New York, Albany, NY*
- collaborated in research concerning the supervision and training of clinicians
- Hotline Coordinator** Sep 93-Jun 94  
*Middle Earth Drug Education and Crisis Intervention Program; University at Albany, NY*
- supervised 50 volunteer crisis hotline counselors and 36 trainees
  - facilitated trainees' development of counseling skills through supervision sessions
  - organized and implemented monthly all-staff meetings to increase agency communication
  - conducted training sessions for hotline counselors on university mental health issues
  - consulted for crisis back-up
- Assessment Volunteer** Jun-Aug 93  
*The Workshop, Menands and Troy, NY*
- received training and supervision in the administration and scoring of the WAIS-R
  - evaluated psychiatric patients, developmentally disabled individuals, and older adults
- Psychology Trainee** Sep 92-May 93  
*The Psychological Services Center, The University at Albany, Albany, NY*
- counseled adults of varied ethnic and socioeconomic backgrounds
  - provided both mental health and career counseling services
  - utilized referral, crisis intervention, and suicide assessment skills
  - participated in weekly group, individual and peer supervision
  - formulated case conceptualizations and weekly, interim, transfer, and closing chart notes
  - attended in-service workshops and case conferences
- School Counselor Intern** Jun-Aug 91  
*Vanderheyden Hall School; Wynantskill, NY*
- conducted counseling sessions with at-risk students
  - participated in IEP meetings regarding student progress and planning
  - co-facilitated adventure-based therapy programs for students at-risk
- Parent Involvement Program Coordinator** Jun-Aug 91  
*Vanderheyden Hall School; Wynantskill, NY*
- designed vocational development programs for family court-referred students
  - administered, scored and interpreted vocational interest and career maturity inventories
  - consulted with parents regarding their role in the student's vocational development
- Computer Consultant to Counseling Psychology and Education Departments** Jan 90-May 91  
*School of Education Computing Facility; The University at Albany, NY*
- taught doctoral students and faculty statistical programming (e.g., SPSS)

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**SERVICE**


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Guest co-editor, with Lynne Martire & Melissa Franks, on special Issue of <i>Health Psychology</i> "Effects of Social Network Changes in Adulthood on Health"	anticipated 2011-2012
Chair, Aging & Health Committee American Psychological Association, Representing Divisions 20 (Aging) and 38 (Health Psychology)	Aug 2011-present
Clinical Psychology Chats at Union College – student advising, career development, guest speakers	2005-present
Occasional Reviewer: <i>Psychological Science</i> (jif = 4.57)	2011
Occasional Reviewer: <i>NIHR Grant Proposal for Postdoctoral Research in the UK</i>	2011
Occasional Reviewer: <i>Journal of Applied Sport Psychology</i> (jif = 1.22)	2011
Occasional Reviewer: <i>Age &amp; Ageing</i> (jif = 3.13)	2011
Occasional Reviewer: <i>Health Psychology</i> (jif = 3.51)	2011
Occasional Reviewer: <i>Journal of the American Geriatrics Society</i> (jif = 3.48)	2011
Occasional Reviewer: <i>Psychology and Aging</i> (jif = 3.12)	2010
Steinmetz Symposium – host for Psychology and Neuroscience sessions Neuroscience Committee, Union College	2009, 2010, 2011 winter 07-present
Climate Committee Co-Chair: NSF grant for advancing women in STEM	fall 2008-present
Board Member: LaVida Outdoor Leadership Center at Gordon College (MA). Annual Research Presentations	2006-present
Space Committee: Department of Psychology, Union College	fall 2008-2009
National Memory Day – volunteer neuropsychologist – conducted evaluations, trained students Catholic Charities Meal Sites, Schenectady, NY & Saratoga Springs, NY	Nov 07 & Nov 10
Search Committee: Department of Psychology, Union College	fall 07-spr 08
Search Committee: Director of Counseling Center, Union College	fall 06-spr 07
Search Committee: Tenure-track faculty in Psychology and Neuroscience	fall 06-spr 07
Search Committee: Visiting faculty in Psychology, Union College	fall 06-spr 07
<i>Learning and Teaching with Technology in the Classroom: Blackboard</i> presentation at Union College	Nov 04

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**SELECT MEDIA COVERAGE**


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<i>Real Simple</i> : Mood-Boosting Workouts, Tori Rodriguez Report on exercise and cognition in aging study conducted at Union College: <b>Anderson-Hanley, C., Nimon ('07), J. P., &amp; Westen ('09), S. C.</b> (2010, Nov). Cognitive health benefits of strengthening exercise for community-dwelling older adults. <i>Journal of Clinical and Experimental Neuropsychology</i> , 32(9), 996-1001. Fox News cited 11/1/11 - <a href="http://www.foxnews.com/health/2011/11/01/5-mood-boosting-workouts/">http://www.foxnews.com/health/2011/11/01/5-mood-boosting-workouts/</a>	Aug 2011
<i>Daily Gazette</i> : Seniors Participating in Study Feel Benefits of Biking, Michael Goot Report on the second year of the Cybercycle Study	Aug 2010
<i>Times Union</i> : Does Some Pretend Have Real Benefit? Cathleen Crowley Report on the first phase of the Cybercycle Study	Nov 2008
<i>USA Today</i> : Researchers to Examine Video Games and Health, Associated Press Report on Robert Wood Johnson Foundation Health Games Grant of \$200,000 to Union College for the Cybercycle Study	May 2008

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**HONORS**


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<i>Advisor of the Year Award</i> , Union College Nominated by students, selected by the Committee on Teaching, awarded by the Dean of Students	June 2011
<i>Best Scientific Poster</i> , Society of Behavioral Medicine For student-faculty collaborative research	Mar 03
<i>The Network Project</i> ; Memorial Sloan-Kettering, NY Cancer & Pain Management Education and Training Institute (invited by Dr. Jimmie Holland)	Jan 99

The Summer Research Institute; Los Angeles, CA

sum 97

Participation funded by NIMH and the American Association for Geriatric Psychiatry

Graduate Assistantship, The University at Albany

1993-1994

Teaching Assistantship, The University at Albany

1992-1993

Research Assistantship, The University at Albany

1991-1992

Graduate Assistantship, The University at Albany

1990-1991

Research Assistantship, Northeastern University

1988-1989

A.J. Gordon Leadership Scholarship Recipient, Gordon College

1984-1988

WEB OF KNOWLEDGE<sup>SM</sup> | DISCOVERY STARTS HERE

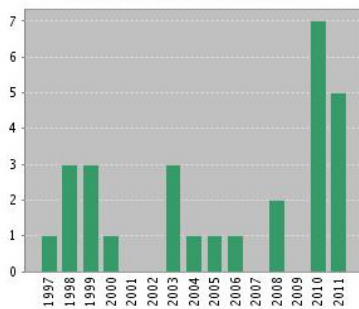


**Citation Report** Author=(anderson-hanley)

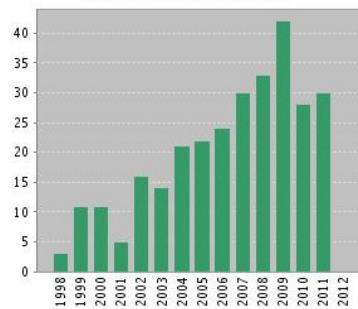
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