# **Physics in Modern Medicine**

### Homework #4

# Chapter 4 – Seeing with Sound

### Questions

- Q4.1 An US transducer is placed on the patient and coupled to the patient using a gel. This minimizes reflections at the air/skin interface. The US that propagates into the body reflects off the internal structures in the body. The strength of the echoes depends on the differences in acoustic impedance between different structures. The US transducer not only emits sound, but also is used to detect the echoes from inside of the body. The time it takes the US to enter the body and then for the echo to return can be used (knowing the velocity of sound in the body) to determine distances to the various structures in the body. In addition, the intensity of the reflected sound waves can be coded into a shade of grey at each of these distances
- Q4.2 One reason that bats have evolved US is to conceal themselves while hunting. If bats produced audible sound as their prey, then the prey would hear them hunting. Another reason is that since the velocity of sound is more or less constant in air (it depends on temperature) audible sound will have a longer wavelength than US. The longer wavelength sound produces less spatial resolution than does US. The bat can therefore detect objects as small as the wavelength of sound it emits. The US will "see" the insects and other prey of the bat, where audible sound would not.
- Q4.3 Low frequency foghorns have long wavelengths. These long wavelengths, when they disperse through space, can envelope the ship so that anyone on the ship can hear the sound. If high frequency sound were used, with a shorter wavelength, then you would only target perhaps, a small area of the ship and the ship may not be aware of the danger if no one hears the sound.
- Q4.4 Increasing the frequency may improve your resolution, but the penetration depth of the sound into the sample would go to zero. The half intensity depth is inversely related to the frequency. As the frequency approaches infinity, the penetration depth approaches zero.

- Q4.5 Miscalibration of the US scanner will produce distortions in the US image.
  - To correct for miscalibrations the sonographer or technician would use test samples, or phantoms for calibration. Other effects that will cause distortions are refraction of the sound waves as the waves pass from one material into another and reverberations. Refraction produces echoes that are displaced from the expected path. Refraction can produce double images and there's not much to fix this problem. Reverberations are multiple high-intensity echoes from two strongly reflecting interfaces. Acoustic shadowing is another problem. US scanners compensate for the fact that the US pulse intensity decreases with increasing depth into the sample by artificially increasing the brightness. Acoustic shadows are created if a strong absorbing or very reflective surface is encountered by the US wave and the scanner software over compensates.

### **Problems**

P4.2

a. We wish to have an ultrasound wavelength of 0.50mm in soft tissue. Since the speed of sound in soft tissue is  $v_s = 1540\frac{m}{s}$ , the frequency needed is

$$f = \frac{v_s}{\lambda} = \frac{1540\frac{m}{s}}{0.5 \times 10^{-3}m} = 3 \times 10^6 s^{-1} = 3MHz$$

This is indeed in the range of frequencies used for abdominal and obstetrical ultrasound imaging.

b. For a 2.0*MHz* US beam and a feature size of 1.75*mm* (which we'll take as the wavelength), the speed of sound is

 $v_s = f\lambda = 2 \times 10^6 s^{-1} \times 1.75 \times 10^{-3} m = 3500 \frac{m}{s}$ 

This, by the way is the speed of sound in bone.

#### P4.3

a. Since the velocity of sound in the body is roughly constant, the time it takes to send the US pulse into the body and for it to reflect off a structure can be translated into a distance. For a 20ms pulse traveling with a velocity  $v_s = 1540\frac{m}{s}$  the distance traveled by the US pulse is

$$v_s = \frac{distance}{time} = \frac{2d}{t} \to d = \frac{v_s t}{2} = \frac{1540\frac{m}{s} \times 20 \times 10^{-3} s}{2} = 15.4m$$

b. If the interfaces are  $\Delta D = 5cm$  apart, we can estimate how much time would elapse between the echoes from the front and back surfaces. We first need to note that the extra distance traveled by the echo from the second interface (i.e., the one farthest from the transducer) will be 10cm since the transmitted pulse must travel to the interface (5*cm*) and travel an extra 5*cm* on its return trip. We can then compute the extra time for the second echo pulse to reach the transducer from:

$$v_s = \frac{distance}{time} = \frac{2\Delta D}{t} \rightarrow t = \frac{2\Delta D}{v_s} = \frac{2 \times 5 \times 10^{-2}m}{1540\frac{m}{s}} = 6.5 \times 10^{-5}s$$

a. To determine how long it takes an US scanner to make a complete scan, we need to make some rough estimates of the size of the abdomen. Taking some measurements we have, as a rough estimate, the depth of the abdomen 20cm front-to-back, and a width side-to-side of 30cm. We assume that the scanner is linear and that it is oriented to take one line of data along one ultrasound beam at a time (into and out of the body from front-to-back) and then we'll fan out the beam across the width of the body (side-to-side). The transit time for ultrasound pulses can be computed, assuming we orient the transducer, so they travel along the 20cm direction:

$$v_s = \frac{distance}{time} = \frac{2d}{t} \rightarrow t_{scan} = \frac{2d}{v_s} = \frac{2 \times 0.2m}{1540\frac{m}{c}} = 2.6 \times 10^{-4} s = 0.26ms$$

b. If we assume that the beam width has a value of 2mm, a typical value for abdominal ultrasound scans as given in the text, then the number of scans is  $n = \frac{0.3m}{2 \times 10^{-3}m} = 150.$ The total time for a scan is the number of scans times the time per scan.

 $t = n \times t_{scan} = 150 \times 0.26ms = 39ms$ 

c. Body motions as breathing, the beating of the heart, and motions associated with digestion could be easily resolved with this fast of a scan time.

# P4.7

a. We can quickly rank the echo intensities by noting that the greatest echo intensities come from the greatest mismatch in acoustic impedance. Thus, echoes from fat-cartilage > muscle-blood > muscle-fat. The order in which each tissue is encountered does not affect the echo intensity. We want to plot the echo intensity,  $i_{echo}$  (as a percentage of the original pulse) vs. time (seconds). We need to compute the reflected intensity

$$\frac{I_{echo}}{I_{indident}} = \frac{(Z_2 - Z_1)^2}{(Z_2 + Z_1)^2}$$

For interfaces after the first, we must keep track of the transmitted intensity,  $I_{trans} = I_{incident} - I_{echo}$  since this represents the total intensity for the next interface. To compute the echo-return times, we use

 $t = \frac{2d}{v_s}$  where the distances are from the transduce on the abdominal to each interface.

From the figure in the text, I need to determine some approximate distances to the structures. I made a model of the "me" and the figure in the text below. I'm assuming that I'm 25cm from front-to-back and that my abdominal wall is 1cm thick. From the abdominal wall to the aorta (3cm thick) the distance is roughly 10cm. From the aorta to my vertebrae in my spine (3cm thick) I'll

4P.5

assume the distance is about 8cm. Adding up all these distances we get 25cm. In the following table, the interfaces encountered are listed starting from the left side of the figure a moving in the direction of the US pulse into the body. Each value of echo intensity and transmitted intensity considers the amount by which the incident beam was diminished by previous interfaces.

Interface	$Z_1$	Z <sub>2</sub>	I <sub>refl</sub>	I <sub>trans</sub>	I <sub>echo</sub>	$t = \frac{2d}{3}$
	$(\times 10^6) Rayl$	$(\times 10^6) Rayl$				$l = \frac{1}{v_s}$ (3)
Muscle-fat	1.30	1.65	0.0146	0.9854	0.0146	$1.30 \times 10^{-6}$
Fat-aorta	1.30	1.65	0.0146	0.9854	0.0146	$1.43 \times 10^{-4}$
muscle left				× 0.9854	× 0.9854	
side				= 0.97101	= 0.01439	
Aorta	1.65	1.66	$9.13 \times 10^{-6}$	0.9711	0.97101 × 9.13	
muscle left				× 0.999991	$\times 10^{-6}$	$1.49 \times 10^{-4}$
side-blood				= 0.9710	$= 8.887 \times 10^{-6}$	
Blood-aorta	1.66	1.65	$9.13 \times 10^{-6}$	0.9710	$0.9710 \times 9.13$	
muscle right				× 0.999991	$\times 10^{-6}$	$1.75 \times 10^{-4}$
side				= 0.97099	$= 8.865 \times 10^{-6}$	
Aorta	1.65	1.30	0.0146	0.97099	0.97099	$1.82 \times 10^{-4}$
muscle right				× 0.9854	× 0.0146	
side-fat				= 0.9568	= 0.01418	
Fat-cartilage	1.30	2.20	0.0661	0.9339	0.0661 ×	$2.86 \times 10^{-4}$
				× 0.9568	0.9568 =	
				= 0.8936	0.06320	

Using the diagram below, the times to each structure are calculated.

$$t_{muscle-fat through abdominal wall} = \frac{2(0.01m)}{1540\frac{m}{s}} = 1.30 \times 10^{-6}s$$

$$t_{fat-aorta wall left} = \frac{2(0.11m)}{1540\frac{m}{s}} = 1.43 \times 10^{-4}s$$

$$t_{aorta wall left-blood} = \frac{2(0.115m)}{1540\frac{m}{s}} = 1.49 \times 10^{-4}s$$

$$t_{blood-aorta wall right} = \frac{2(0.135m)}{1540\frac{m}{s}} = 1.75 \times 10^{-4}s$$

$$t_{aorta wall right-fat} = \frac{2(0.14m)}{1540\frac{m}{s}} = 1.82 \times 10^{-4}s$$

$$t_{fat-cartilage} = \frac{2(0.22m)}{1540\frac{m}{s}} = 2.86 \times 10^{-4}s$$



b. The intensity versus time graph – not drawn to scale.

