

## Physics 110 Reflection #8

Please feel free to type or hand write your responses. Please don't tell me what you think I want to hear, rather be honest in your assessments, observations, and thoughts. Please, refrain from sweeping generalizations or unsupported statements and base your answers on your own experiences and observations. I expect you to spend between 15-20 minutes per week answering the questions below and to focus on explaining your thoughts.

Name:

1. What are three (3) things you learned in this course that you perhaps did not know before?
2. What are you better at now than when you started this course?
3. How has this course changed your understanding of the world or understanding of yourself and what is one thing you learned about yourself this term?
4. What is something you accomplished this term that you are proud of and why?
5. What is one challenge from the course that you had and explain you handled the challenge?
6. Explain what steps you took to ensure your success in this course?
7. What aspects of this course and/or its format worked or didn't work for you in helping you learn the material? How did the course and/or its format affect your learning and motivation?
8. Do you think you will ever use or apply material from this course in the future as a student or in your future career? Explain why or why not, and if you think any of the material will be seen or used again, what material and where?
9. What habits have you developed over the course of the term that you would want to continue or change based on this course? Explain.
10. Since this is the last reflection for the term, is there anything that you'd like me to know or any parting comments or thoughts that you'd like to share with me?