Please limit your travel items to the following:

1) one pack (40 lb. max) - soft frame or duffel
2) one large day pack

General notes:
- Our travel space is limited and we need the flexibility of condensed gear.
- The weather should be mild to cool (40-70° F during the day); night time temperatures will be near freezing. This is the dry season in Peru so, it is unlikely to rain, but snow and hail at high elevation are always possible.
- Avoid cotton field gear. Bring one or two sets of cotton clothes for travel, but in the field you will want to be in light weight, fast drying pile, nylon, poly pro. Cotton is downright dangerous in mountains as it promotes hypothermia when wet.
- Finally the sun at the elevations and latitude that we’ll be at is intense. You must bring sunglasses, sun screen and a hat

Clothes (this is the minimum)

1-2 sets of travel clothes
1-2 midweight long-sleeve polypro
1 fleece vest (optional)
1 fleece jacket
1 Gore-tex® outer shell
1 Polypro light long underwear
1 rainpants

1 nylon shorts
2-10 underwear
2 Khaki pants or light pants
1 Cotton Shirt (travel)
4 Socks (Thorlo® hiking socks)
1 pair hiking boots
1 running shoes

1 Teva® sandals (optional)
1 wool hat
1 baseball cap
1 nylon gaiters (optional)
1 mittens

2 qt/ltr water bottle
1 nylon bag with toiletries

    toothpaste/toothbrush
concentrated shampoo
concentrated soap
Chapstick®
small towel

1 sunglasses
1 sleeping bag (0° C rated bag)
1 Thermarest® sleeping pad*

Miscellaneous

1 camera (optional)
10 film (optional)
1 passport

1 pack cover (optional)
1 headlamp or flashlight
1 wristwatch
1 Money (spending or Visa/Debit card)

1 Field notebook

* only if camping before or after